

# Elvitegravir-Cobicistat-Tenofovir DF-Emtricitabine (*Stribild*)

Prepared by:

David H. Spach, MD

Brian R. Wood, MD

Last Updated: December 28, 2022

# Elvitegravir-Cobicistat-Tenofovir DF-Emtricitabine



## Elvitegravir-Cobicistat-Tenofovir DF-Emtricitabine

150 mg



INSTI

150 mg



Booster

300 mg



NRTI

200 mg



NRTI

Dose: 1 tablet once daily with food

# Elvitegravir-Cobicistat-Tenofovir DF-Emtricitabine

- **Stribild Components:**
  - Elvitegravir 150 mg
  - Cobicistat 150 mg
  - Emtricitabine 200 mg
  - Tenofovir disoproxil fumarate 300 mg
- **Dosing:** 1 pill daily with food (separate  $\geq 2$  hours with antacids)
- **With Renal Impairment**
  - Do **not** initiate if CrCl  $< 70$  mL/min
  - Discontinue if CrCl  $< 50$  mL/min
- **Pregnancy:** category B
- **Common Adverse Events ( $\geq 5\%$ )**
  - Nausea, diarrhea, abnormal dreams, headache, and fatigue

# Elvitegravir-Cobicistat-Tenofovir DF-Emtricitabine

## Summary of Key Phase 3 Studies

- **Trials in Treatment Naïve**

- Study 102: EVG-COBI-TDF-FTC vs. EFV-TDF-FTC
- Study 103: EVG-COBI-TDF-FTC vs. RTV + ATV + TDF-FTC
- Study 104/111: EVG-COBI-TAF-FTC vs. EVG-COBI-TDF-FTC
- Study 128 (WAVES): EVG-COBI-TDF-FTC vs. RTV + ATV + TDF-FTC

- **Switch Trials**

- Study 115 (STRATEGY PI): PI Switch to EVG-COBI-TDF-FTC
- Study 121 (STRATEGY NNRTI): NNRTI Switch to EVG-COBI-TDF-FTC
- Study 123: Raltegravir Switch

**Abbreviations:** EVG-COBI-TDF-FTC = elvitegravir-cobicistat-tenofovir DF-emtricitabine; EFV-TDF-FTC = efavirenz-tenofovir DF-emtricitabine; RTV = ritonavir; ATV = atazanavir; TDF-FTC = tenofovir DF-emtricitabine; EVG-COBI-TAF-FTC = elvitegravir-cobicistat-tenofovir alafenamide-emtricitabine; PI = protease inhibitor; NNRTI = non-nucleoside reverse transcriptase inhibitor

Initial Therapy

# **Elvitegravir-Cobicistat-Tenofovir DF-Emtricitabine**

Elvitegravir-Cobicistat-TDF-FTC versus Efavirenz-TDF-FTC  
**Study 102**

# Elvitegravir-Cobicistat-TDF-FTC versus Efavirenz-TDF-FTC

## Study 102: Design

- **Background:** Randomized, double-blind, phase 3 trial comparing elvitegravir-cobicistat-tenofovir DF-emtricitabine with efavirenz-tenofovir DF-emtricitabine
- **Inclusion Criteria** (n = 700)
  - Antiretroviral-naïve adults
  - Age ≥18 years
  - HIV RNA ≥5,000 copies/mL
  - No AIDS conditions in previous 30 days
- **Treatment Arms**
  - Elvitegravir-Cobicistat-TDF-FTC
  - Efavirenz-TDF-FTC

**EVG-COBI-TDF-FTC**

(n = 348)

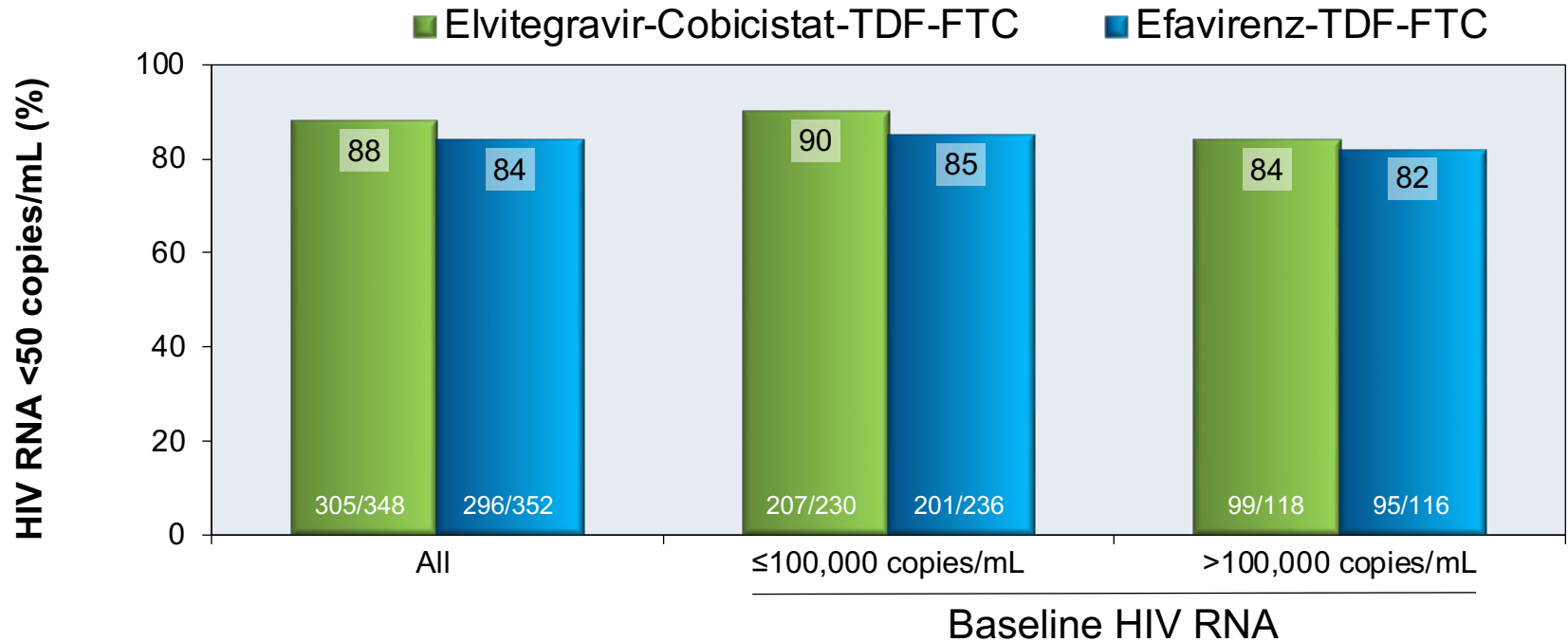
**Efavirenz-TDF-FTC**

(n = 352)

# Elvitegravir-Cobicistat-TDF-FTC versus Efavirenz-TDF-FTC

## Study 102: Result

Week 48 Virologic Response





# Elvitegravir-Cobicistat-TDF-FTC versus Efavirenz-TDF-FTC

## Study 102: Common Adverse Events

Treatment Emergent Adverse Events in ≥ 10% of Subjects in Either Group		
	EVG-COBI-TDF-FTC (n = 348)	EFV-TDF-FTC (n = 352)
Diarrhea	23%	19%
Nausea*	21%	14%
Fatigue	11%	13%
Upper Respiratory Tract Infection	14%	11%
Dizziness^	7%	24%
Headache	14%	10%
Abnormal Dreams^	15%	27%
Insomnia†	9%	14%
Depression	9%	11%
Rash §	6%	12%

\*p < 0.016; ^p < 0.001; †p < 0.031; § p = 0.009

Source: Sax PE, et al. Lancet. 2012;379:2439-48.

# Elvitegravir-Cobicistat-TDF-FTC versus Efavirenz-TDF-FTC Study 102: Conclusions

**Interpretation:** “This study met the primary endpoint of non-inferiority of elvitegravir/cobicistat/emtricitabine/tenofovir (EVG/COBI/TDF/FTC) to efavirenz/emtricitabine/tenofovir (EFV/TDF/FTC) and demonstrates the robust antiviral efficacy of the only integrase inhibitor-based single tablet regimen for initial HIV treatment, irrespective of viral load.”

EVG-COBI-TDF-FTC versus ATV + RTV + TDF-FTC  
**Study 103**

# Elvitegravir-Cobicistat-TDF-FTC versus Atazanavir + Ritonavir + TDF-FTC

## Study 103: Design

- **Background:** Randomized, double-blind, phase 3 trial comparing elvitegravir-cobicistat-tenofovir-emtricitabine with atazanavir + ritonavir + tenofovir DF-emtricitabine
- **Inclusion Criteria** (n = 708)
  - Antiretroviral-naïve adults
  - Age ≥18 years
  - HIV RNA ≥5,000 copies/mL
  - Any CD4 count
- **Treatment Arms**
  - Elvitegravir-Cobicistat-TDF-FTC
  - Atazanavir + RTV + TDF-FTC

**Elvitegravir-Cobicistat-  
TDF-FTC**

(n = 353)

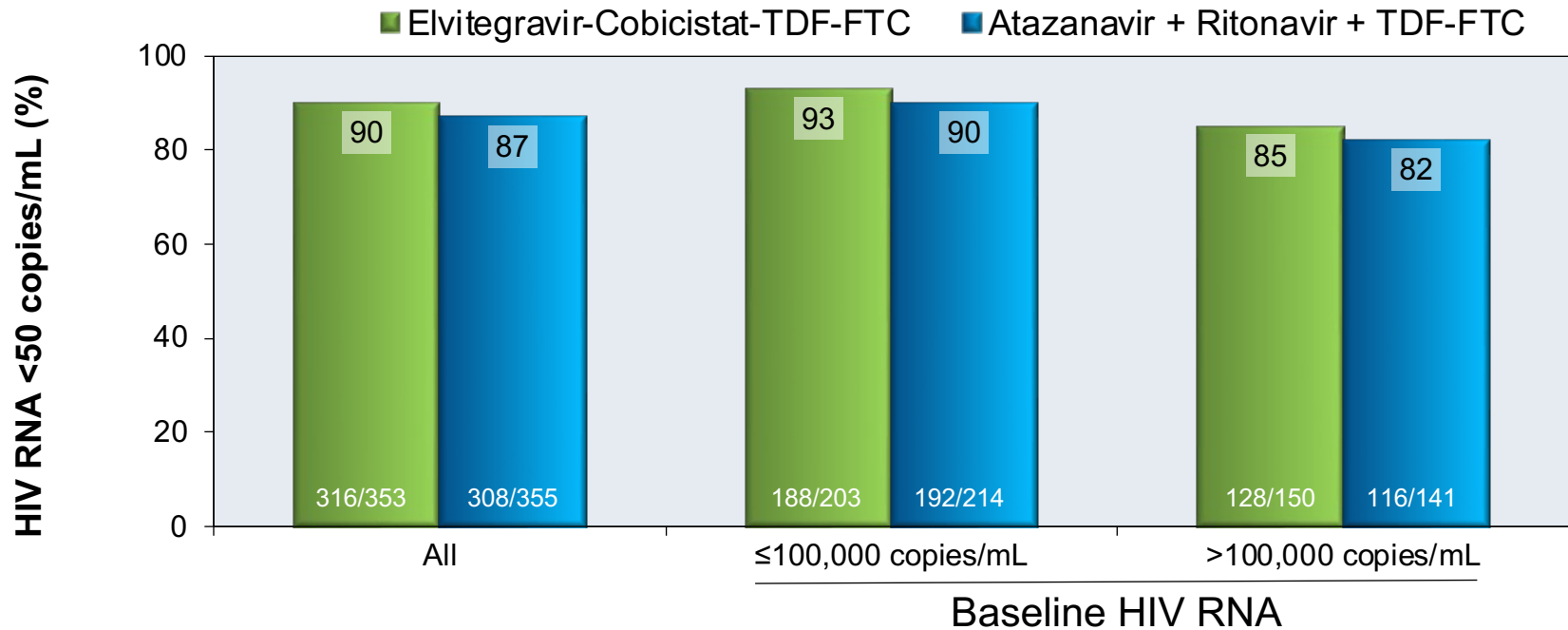
**Atazanavir + Ritonavir +  
TDF-FTC**

(n = 355)

# Elvitegravir-Cobicistat-TDF-FTC versus Atazanavir + RTV + TDF-FTC

## Study 103: Results

Week 48 Virologic Response



Source: DeJesus E, et al. Lancet. 2012;379:2429-38.  
DeJesus E, et al. 19<sup>th</sup> IAC. 2012; Abstract TUPE43.

# Elvitegravir-Cobicistat-TDF-FTC versus Atazanavir + RTV + TDF-FTC

## Study 103: Common Adverse Events

Treatment Emergent Adverse Events in $\geq 10\%$ of Subjects in Either Group		
	<b>EVG-COBI-TDF-FTC</b> (n = 353)	<b>ATV + RTV + TDF-FTC</b> (n = 355)
Diarrhea	22%	27%
Nausea*	20%	19%
Upper Respiratory Tract Infection	15%	16%
Headache	15%	12%
Fatigue	14%	13%
Ocular Icterus*	1%	14%
*p < 0.001		

Source: DeJesus E, et al. Lancet. 2012;379:2429-38.

# Elvitegravir-Cobicistat-TDF-FTC versus Atazanavir + RTV + TDF-FTC Study 103: Conclusions

**Interpretation:** “This study met the primary endpoint of non-inferiority of elvitegravir/cobicistat/emtricitabine/tenofovir (EVG/COBI/FTC/TDF) to atazanavir plus ritonavir plus emtricitabine/tenofovir (ATV + RTV + FTC/TDF) and demonstrates the robust antiviral efficacy of the only integrase inhibitor-based single tablet regimen for initial HIV treatment.”

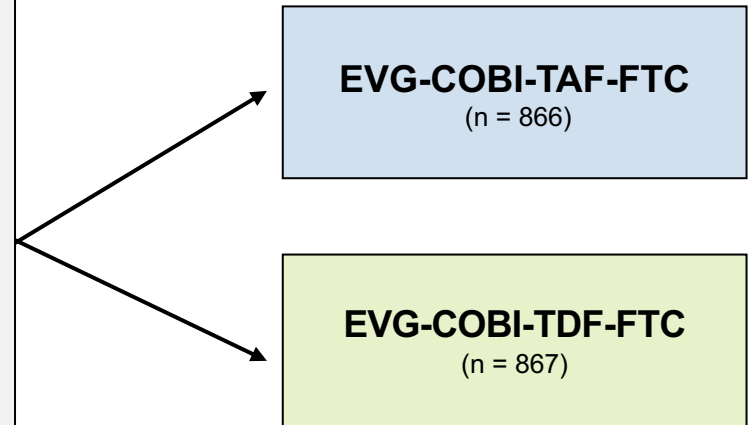
EVG-COBI-TAF-FTC versus EVG-COBI-TDF-FTC  
**Study 104 and Study 111**



# EVG-COBI-TAF-FTC versus EVG-COBI-TDF-FTC

## Study 104/111: Design

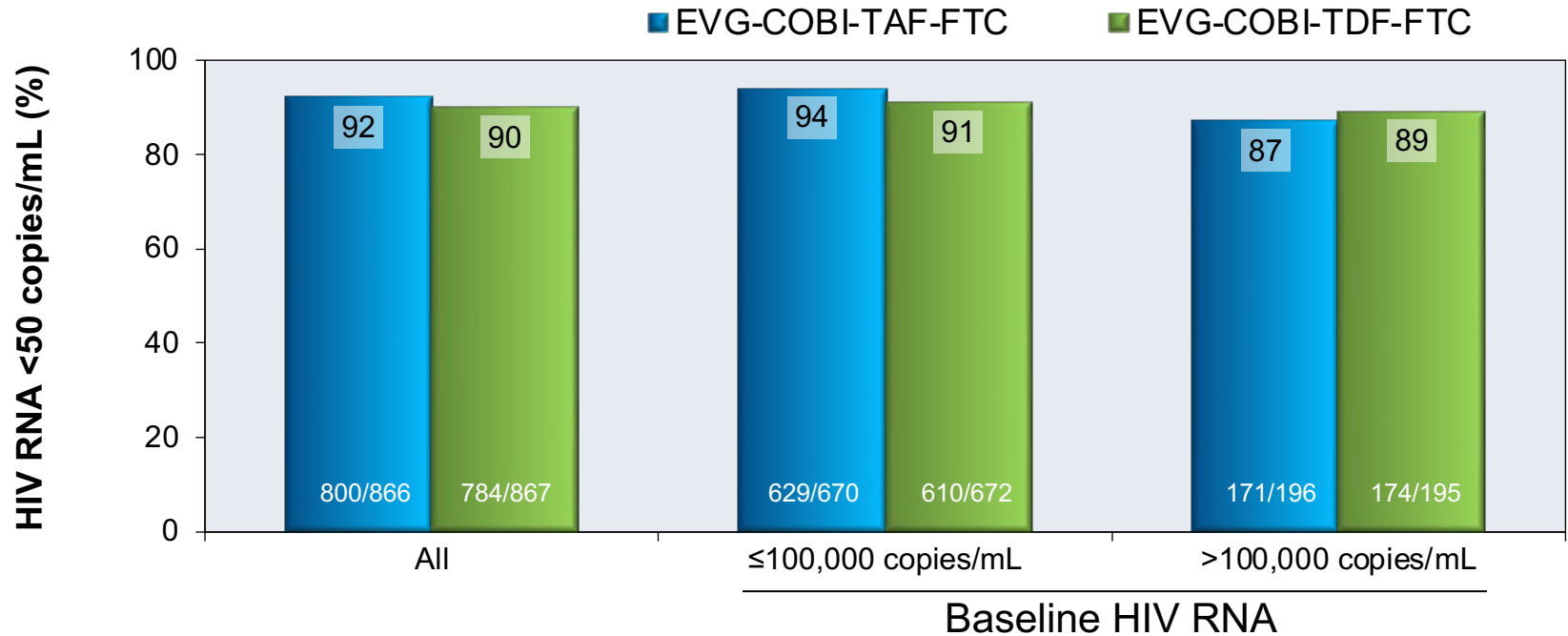
- **Background:** Randomized, double-blind, phase 3 trial comparing elvitegravir-cobicistat-tenofovir alafenamide-emtricitabine with elvitegravir-cobicistat-tenofovir DF-emtricitabine
- **Inclusion Criteria** (n = 1,733)
  - Antiretroviral-naïve patients
  - Age >18
  - HIV RNA  $\geq$ 1000 copies/mL
  - Any CD4 count allowed
  - No AIDS conditions in prior 30 days
- **Treatment Arms**
  - Elvitegravir-Cobicistat-TAF-FTC
  - Elvitegravir-Cobicistat-TDF-FTC



# EVG-COBI-TAF-FTC versus EVG-COBI-TDF-FTC

## Study 104/111: Result

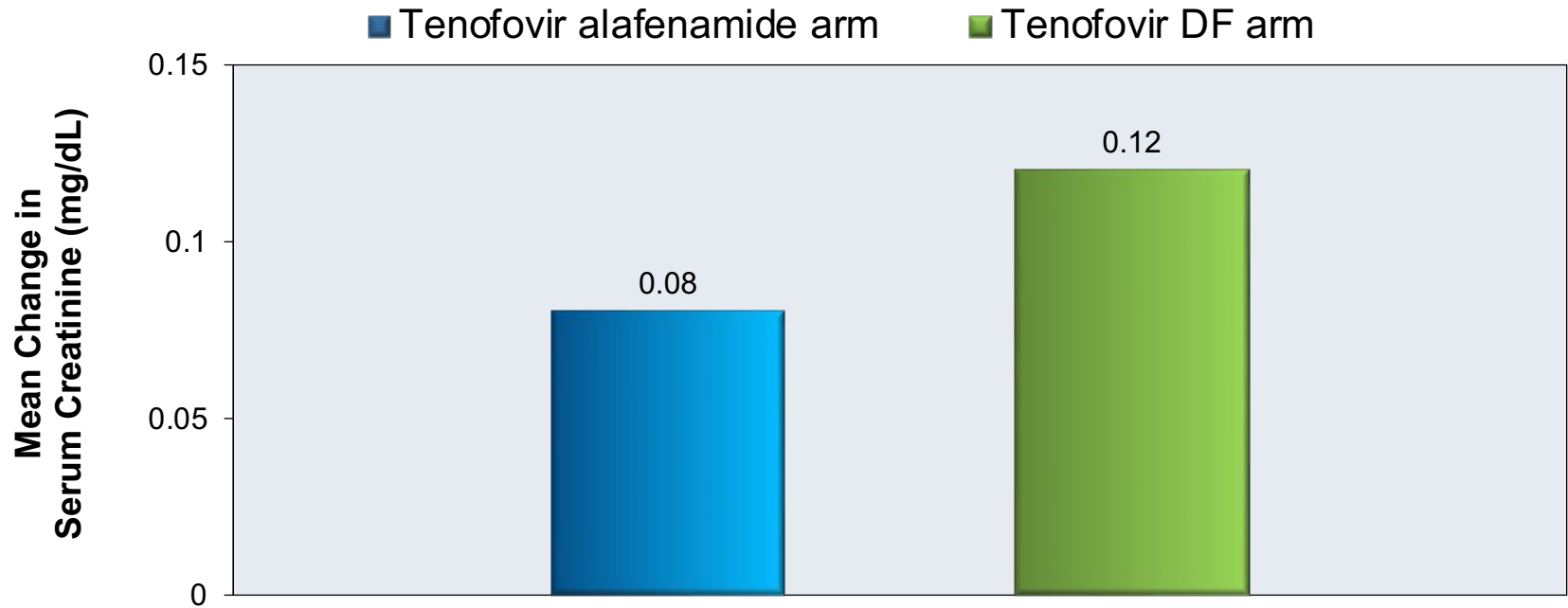
Week 48 Virologic Response



# EVG-COBI-TAF-FTC versus EVG-COBI-TDF-FTC

## Study 104/111: Adverse Effects

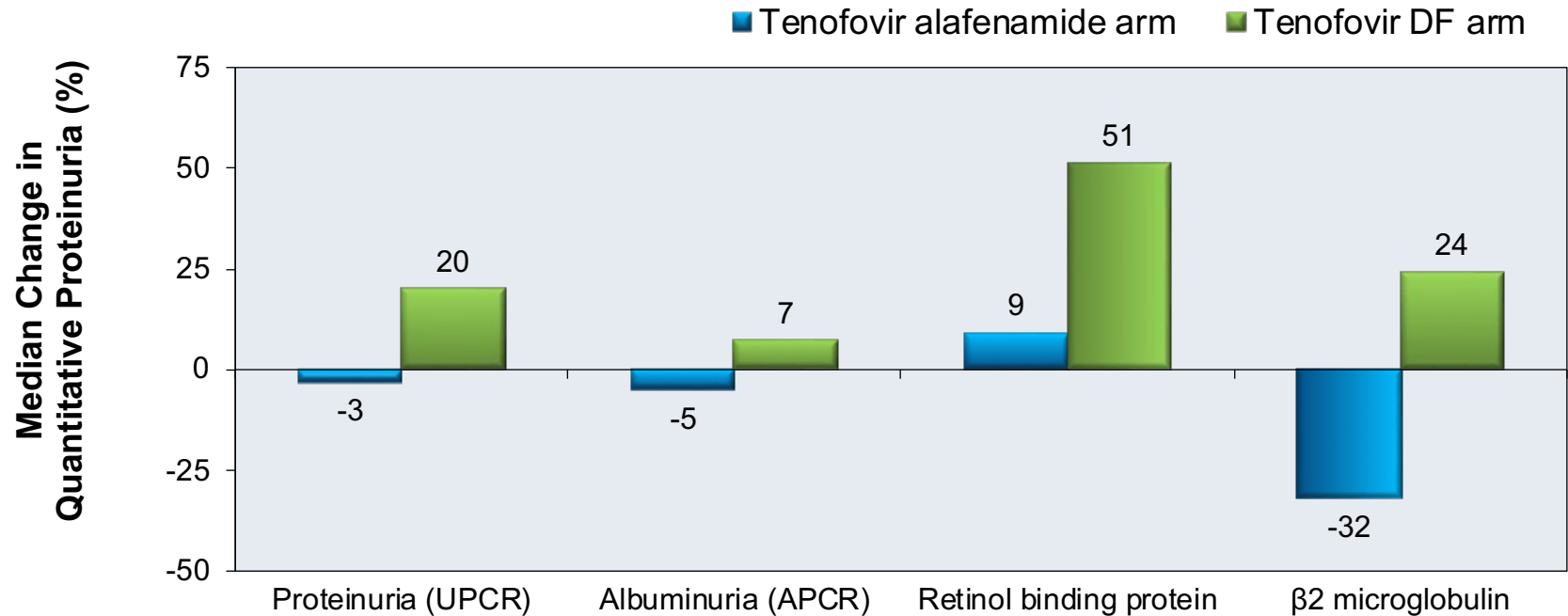
Week 48 Change in Serum Creatinine from Baseline



# EVG-COBI-TAF-FTC versus EVG-COBI-TDF-FTC

## Study 104/111: Adverse Effects

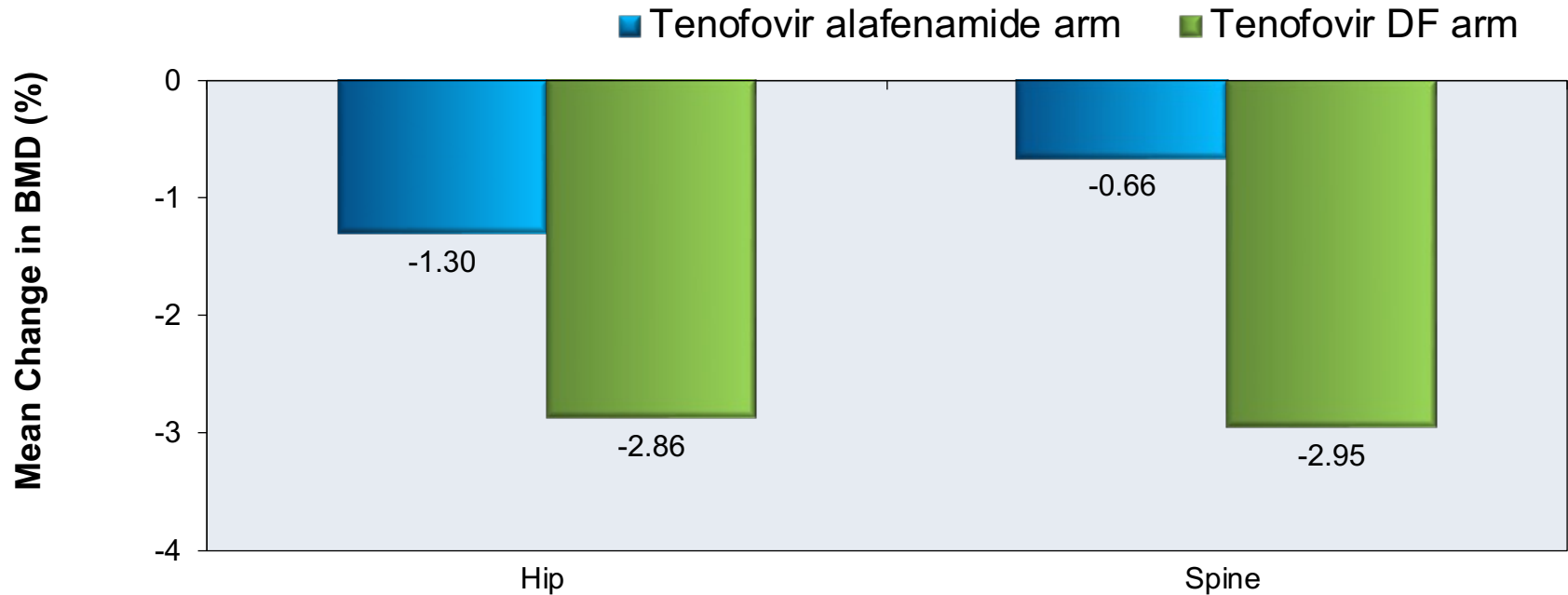
Week 48 Changes in Quantitative Proteinuria from Baseline



# EVG-COBI-TAF-FTC versus EVG-COBI-TDF-FTC

## Study 104/111: Adverse Effects

Week 48 Changes in Spine and Hip Bone Mineral Density (BMD)



# EVG-COBI-TAF-FTC versus EVG-COBI-TDF-FTC

## Study 104/111: Adverse Effects

### Week 48 Changes in Lipid Parameters

Median Change from Baseline to Week 48	EVG-COBI-TAF-FTC (n = 866)	EVG-COBI-TDF-FTC (n = 867)	P Value
Total cholesterol	+29	+14	<0.001
LDL	+14	+5	<0.001
HDL	+8	+4	<0.001
Triglycerides	+19	+8	0.027
Total cholesterol:HDL ratio	+0.1	+0.1	0.84

Source: Sax PE, et al. Lancet. 2015;385:2606-15.

# EVG-COBI-TAF-FTC versus EVG-COBI-TDF-FTC Study 104/111: Conclusions

**Interpretation:** “Through 48 weeks, more than 90% of patients given E/C/F/tenofovir alafenamide or E/C/F/tenofovir disoproxil fumarate had virological success. Renal and bone effects were significantly reduced in patients given E/C/F/tenofovir alafenamide. Although these studies do not have the power to assess clinical safety events such as renal failure and fractures, our data suggest that E/C/F/tenofovir alafenamide will have a favourable long-term renal and bone safety profile.”

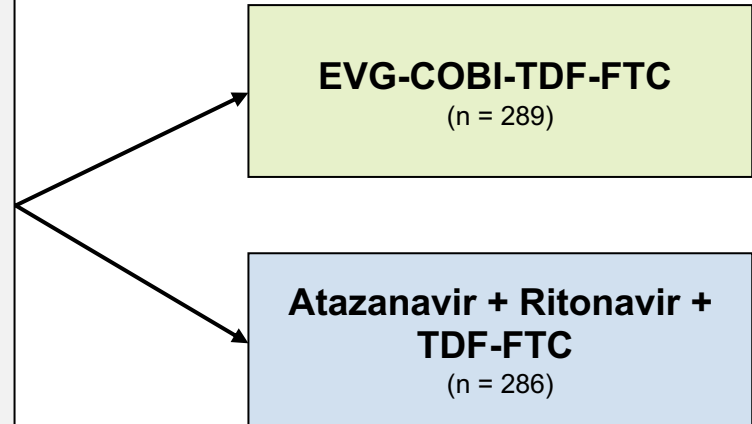
EVG-COBI-TDF-FTC versus ATV + RTV + TDF-FTC in Women  
**Study 128 (WAVES)**



# EVG-COBI-TDF-FTC versus ATV + RTV + TDF-FTC (in Women)

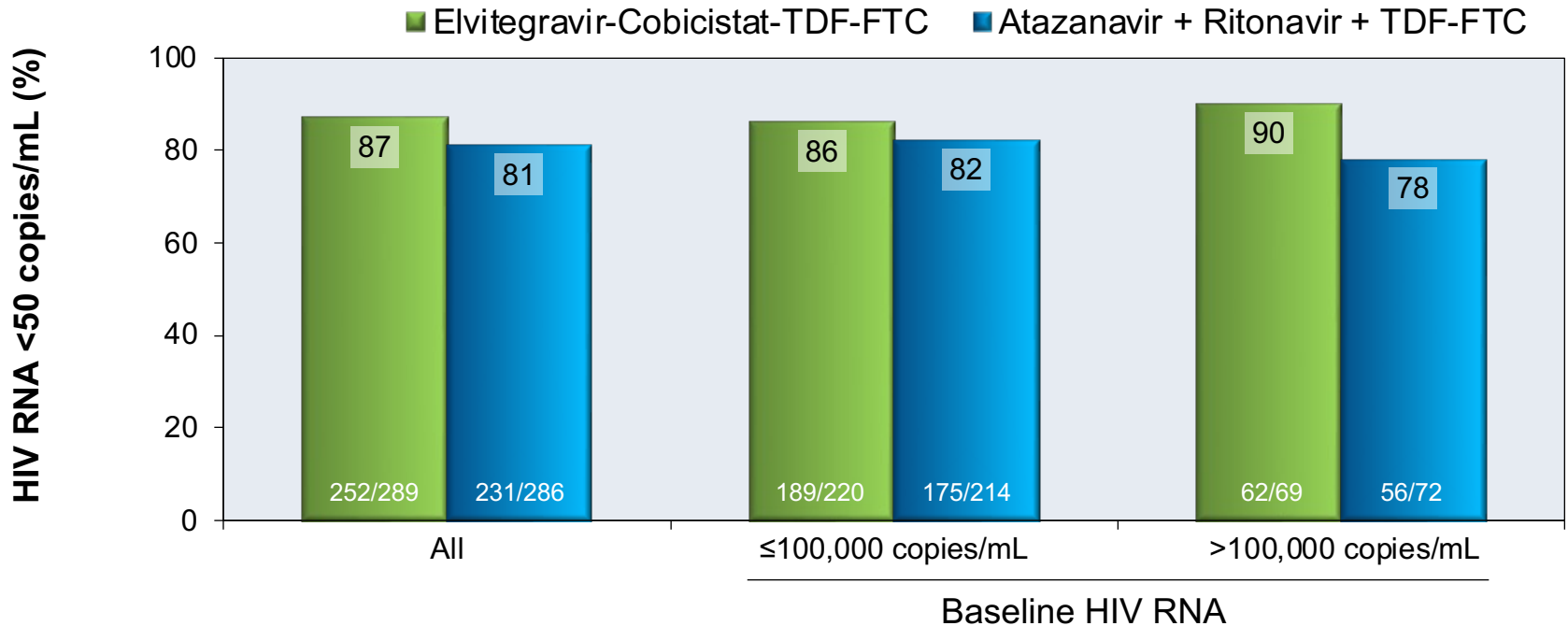
## WAVES Study: Design

- **Background:** Randomized, double-blind, phase 3 trial comparing elvitegravir-cobicistat-tenofovir-emtricitabine with atazanavir + ritonavir + tenofovir DF-emtricitabine in women
- **Inclusion Criteria** (n = 575)
  - Antiretroviral-naïve women
  - Age ≥18 years
  - HIV RNA ≥500 copies/mL
  - Any CD4 count
- **Treatment Arms**
  - Elvitegravir-Cobicistat-TDF-FTC
  - Atazanavir + Ritonavir + TDF-FTC



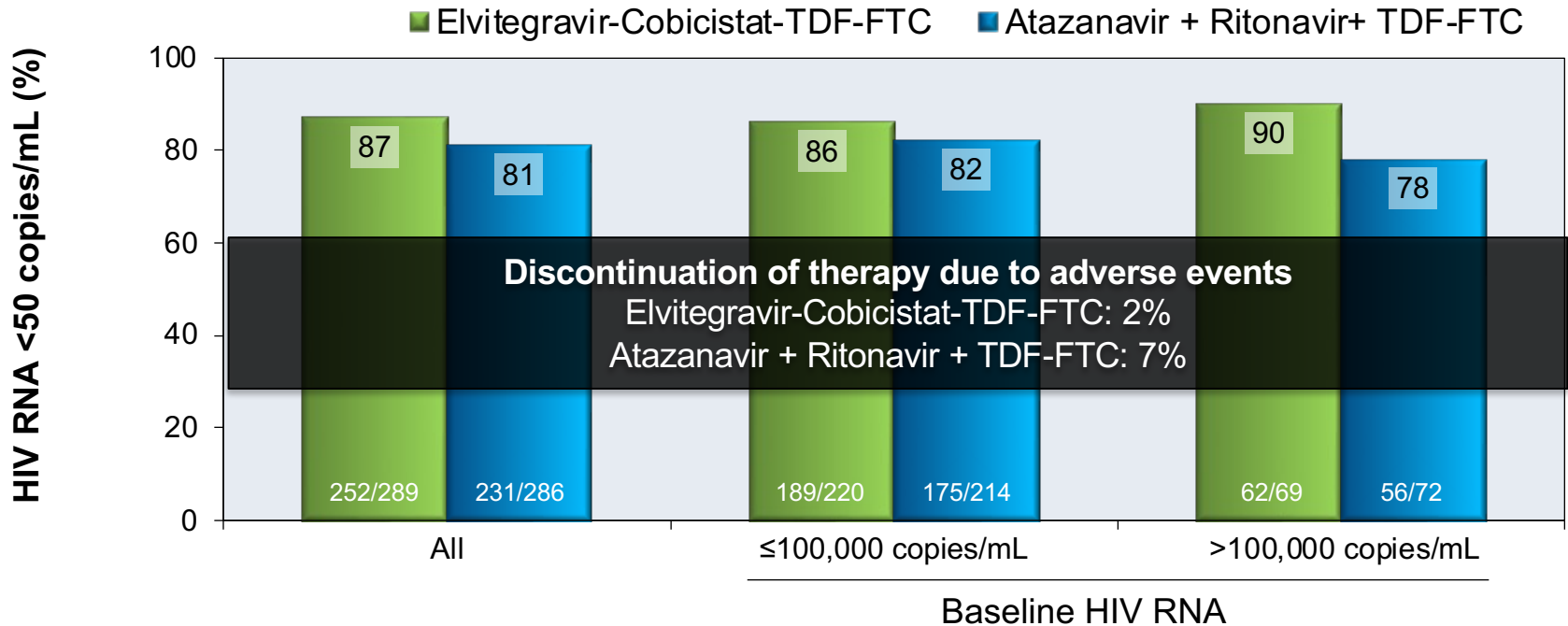
# EVG-COBI-TDF-FTC versus ATV + RTV + TDF-FTC (in Women) WAVES Study: Result

Week 48 Virologic Response



# EVG-COBI-TDF-FTC versus ATV + RTV + TDF-FTC (in Women) WAVES Study: Result

Week 48 Virologic Response



# EVG-COBI-TDF-FTC versus ATV + RTV + TDF-FTC (in Women)

## WAVES Study: Common Adverse Events

Treatment Emergent Adverse Events in $\geq 10\%$ of Subjects in Either Group		
	<b>EVG-COBI-TDF-FTC</b> (n = 289)	<b>ATV + RTV + TDF-FTC</b> (n = 286)
Headache	16%	15%
Upper Respiratory Tract Infection	16%	15%
Malaria	11%	8%
Nausea	15%	14%
Vomiting	10%	6%
Jaundice	<1%	11%
Icterus	<1%	12%

Source: Squires L, et al. Lancet HIV. 2016;3:e410-20.

# EVG-COBI-TDF-FTC versus ATV + RTV + TDF-FTC (in Women) WAVES Study: Conclusions

**Interpretation:** “WAVES shows that clinical trials of ART regimens in global and diverse populations of treatment-naive women are possible. The findings support guidelines recommending integrase inhibitor based regimens in first-line antiretroviral therapy.”

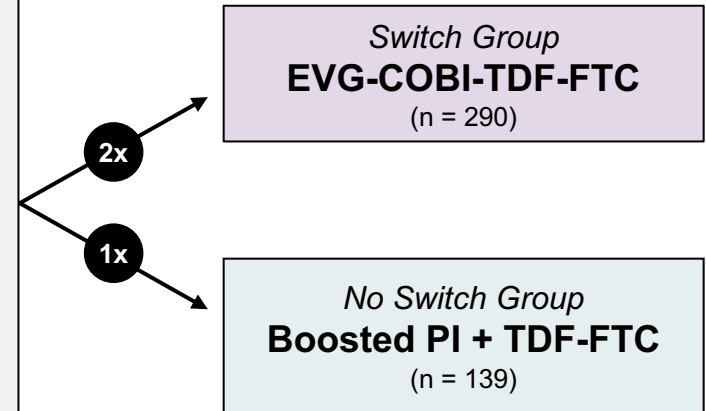
Elvitegravir-Cobicistat-Tenofovir DF-Emtricitabine  
**Switch Studies**

Switch from PI-Based Regimen to EVG-COBI-TDF-FTC  
**Study 115 (STRATEGY-PI)**

# Switch from PI-Based Regimen to EVG-COBI-TDF-FTC

## STRATEGY-PI: Design

- **Background:** Open-label, randomized, phase 3b trial comparing switch to elvitegravir-cobicistat-tenofovir DF-emtricitabine versus continuation of baseline regimen of ritonavir + PI + tenofovir DF-emtricitabine
- **Inclusion Criteria** (n = 433)
  - HIV RNA <50 copies/mL on ART for ≥6 months
  - Baseline regimen of RTV + PI + TDF-FTC
  - No prior virologic failure
  - No resistance to TDF or FTC
  - CrCl ≥70 mL/min
- **Treatment Arms**
  - EVG-COBI-TDF-FTC (Switch group)
  - Remain on RTV + PI + TDF-FTC (No switch group)



\*NOTE: 3 participants from switch group and 1 from no switch group were excluded from study after screening for protocol violations.

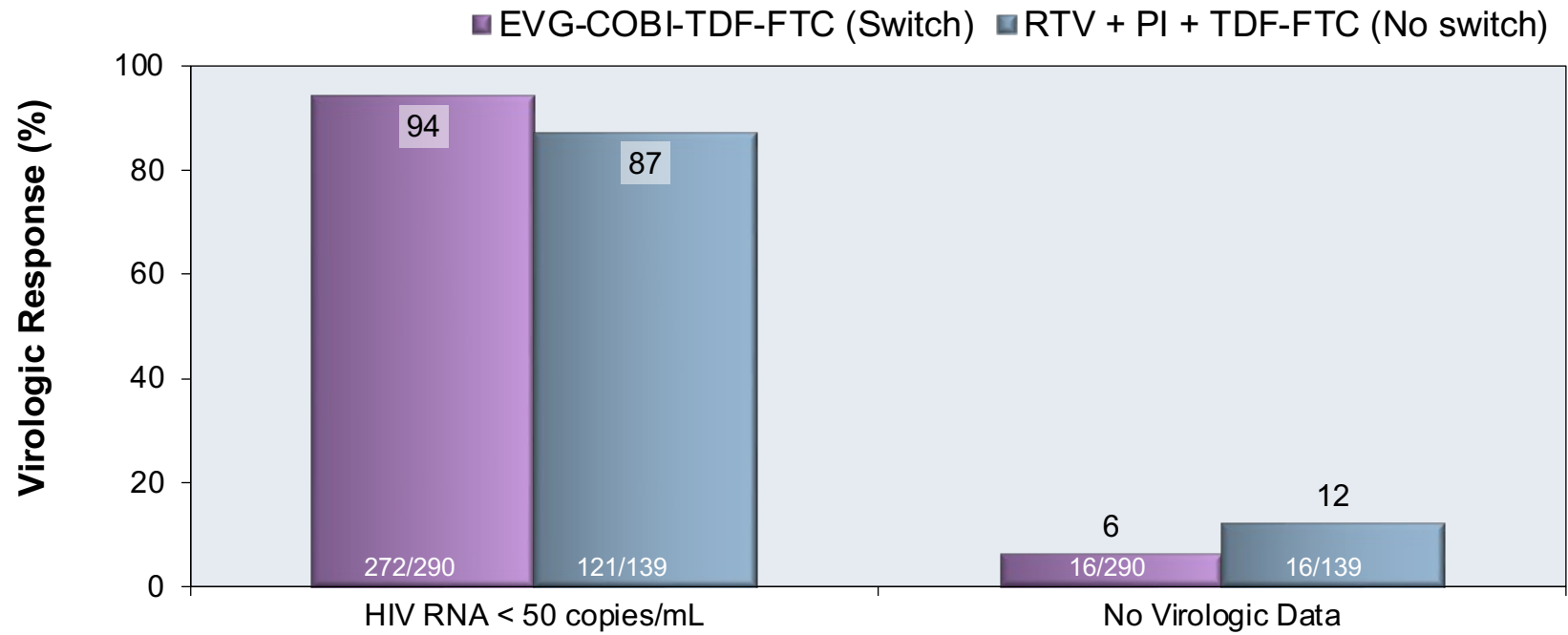
Source: Arribas JR, et al. Lancet Infect Dis. 2014;14:581-9.



# Switch from PI-Based Regimen to EVG-COBI-TDF-FTC

## STRATEGY-PI: Result

Week 48 Virologic Response



Source: Arribas JR, et al. Lancet Infect Dis. 2014;14:581-9.

# Switch from PI-Based Regimen to EVG-COBI-TDF-FTC

## STRATEGY-PI: Study Conclusions

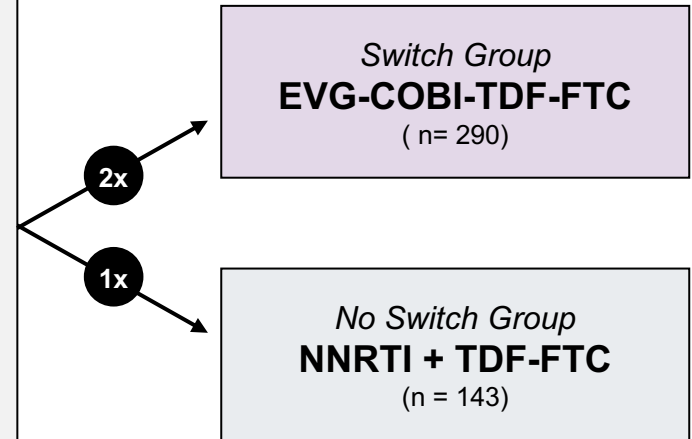
**Interpretation:** “Coformulated elvitegravir, cobicistat, emtricitabine, and tenofovir might be a useful regimen simplification option for virologically suppressed adults with HIV taking a multi-tablet ritonavir-boosted protease inhibitor regimen.”

Switch from NNRTI-Based Regimen to EVG-COBI-TDF-FTC  
**Study 121 (STRATEGY-NNRTI)**

# Switch from NNRTI-Based Regimen to EVG-COBI-TDF-FTC

## STRATEGY-NNRTI: Design

- **Background:** Open-label, randomized, phase 3b trial comparing switch to elvitegravir-cobicistat-tenofovir DF-emtricitabine versus continuation of baseline regimen of NNRTI + TDF-FTC
- **Inclusion Criteria** (n = 439)
  - HIV RNA <50 copies/mL on ART for ≥6 months
  - Baseline regimen of NNRTI + TDF-FTC
  - No prior virologic failure
  - No resistance to TDF or FTC
  - CrCl ≥70 mL/min
- **Treatment Arms**
  - EVG-COBI-FTC-TDF (Switch group)
  - Remain on NNRTI + FTC-TDF (No switch group)

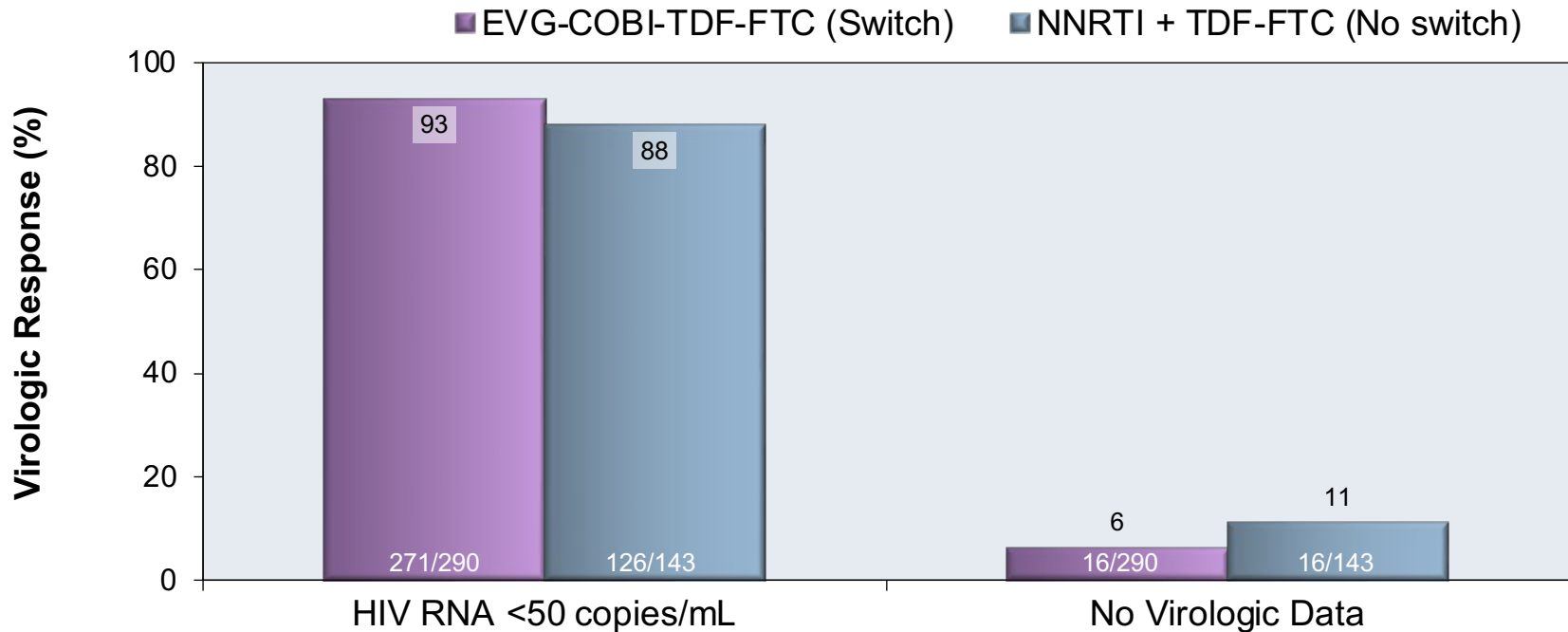


**\*NOTE:** 2 participants from switch group and 4 participants from no-switch group were excluded from the study after screening (2 protocol violation, 1 non-adherence, 3 withdrew consent)

# Switch from NNRTI-Based Regimen to EVG-COBI-TDF-FTC

## STRATEGY-NNRTI: Results

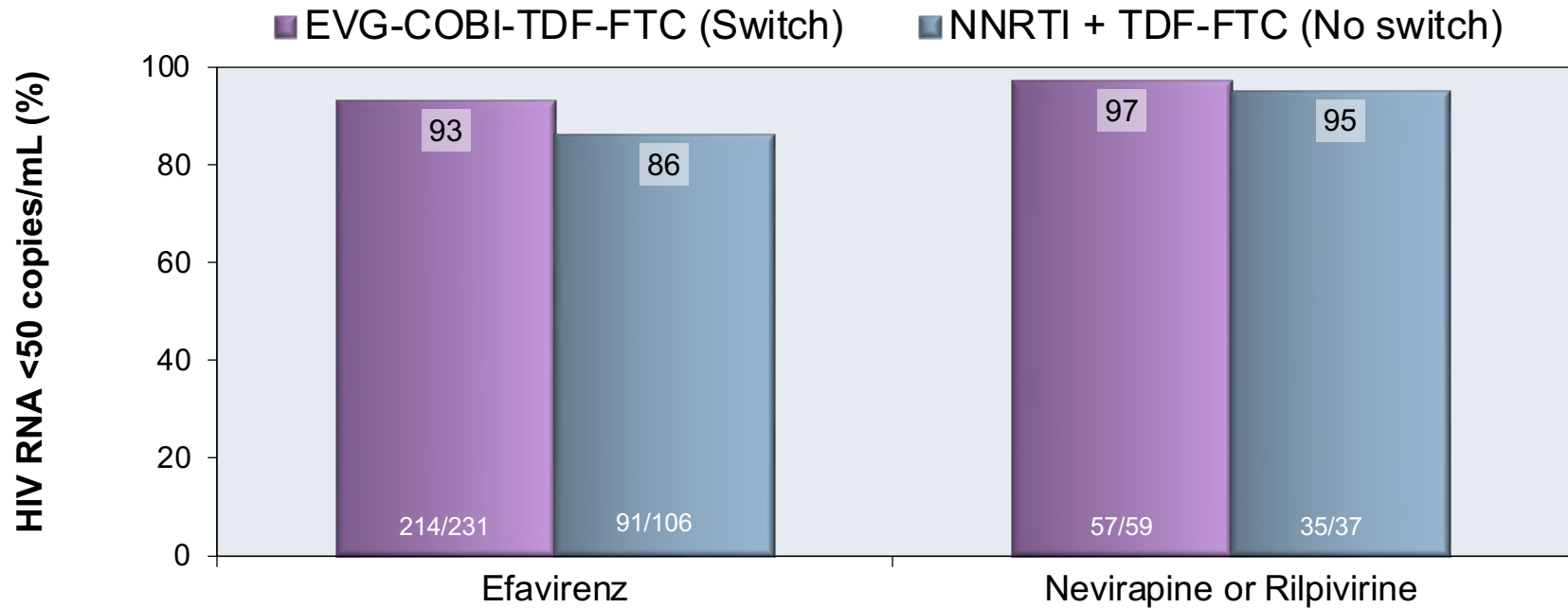
Week 48 Virologic Response



# Switch from NNRTI-Based Regimen to EVG-COBI-TDF-FTC

## STRATEGY-NNRTI: Results

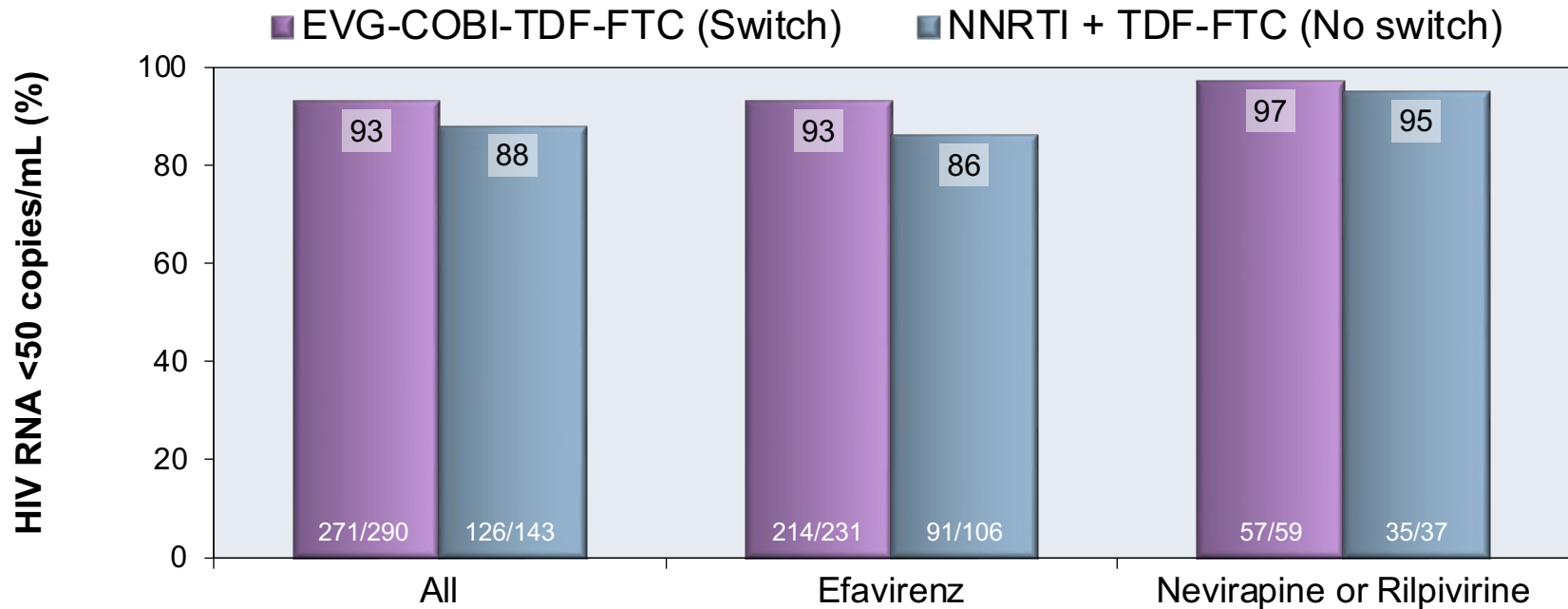
Week 48 Virologic Response, Subgroup Analysis, by Baseline NNRTI Regimen



# Switch from NNRTI-Based Regimen to EVG-COBI-TDF-FTC

## STRATEGY-NNRTI: Results

Week 48 Virologic Response, Subgroup Analysis, by Baseline NNRTI Regimen



# Switch from NNRTI-Based Regimen to EVG-COBI-TDF-FTC

## STRATEGY-NNRTI: Conclusions

**Interpretation:** “Coformulated elvitegravir, cobicistat, emtricitabine, and tenofovir seems to be efficacious and well tolerated in virologically suppressed adults with HIV and might be a suitable alternative for patients on an NNRTI with emtricitabine and tenofovir regimen considering a regimen modification or simplification.”

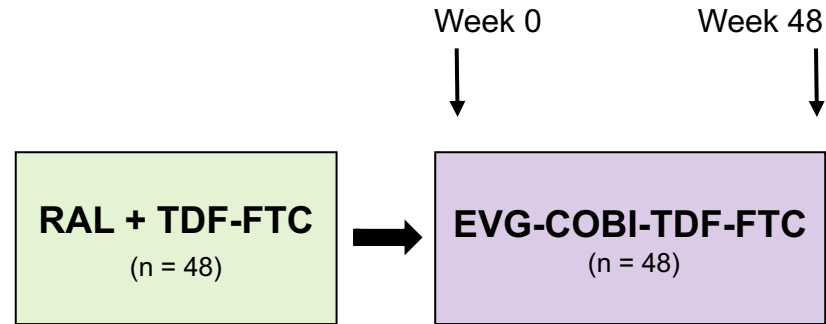


Switch to Elvitegravir-Cobicistat-Tenofovir DF-Emtricitabine  
**Study 123**

# Switch to Elvitegravir-Cobicistat-Tenofovir DF-Emtricitabine

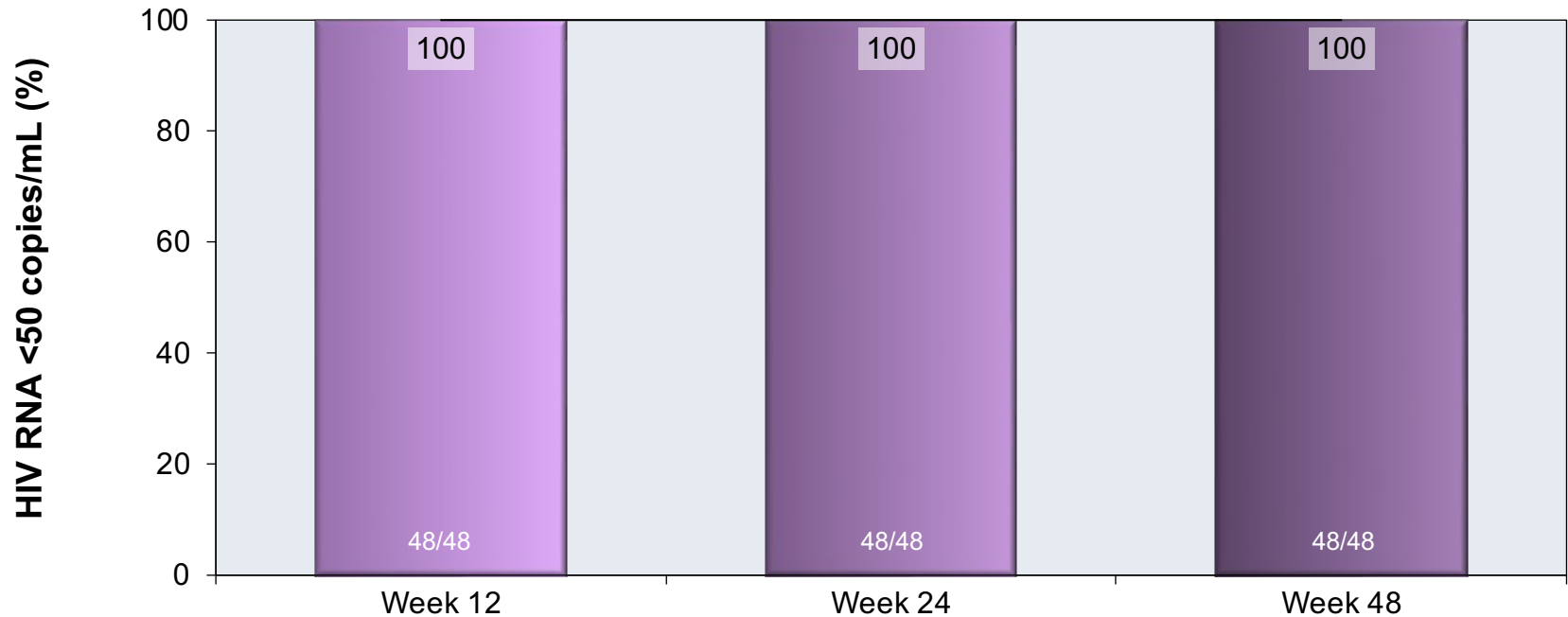
## Study 123: Study Design

- **Background:** Open-label, randomized phase 3b trial evaluating switching to once-daily elvitegravir-cobicistat-tenofovir DF-emtricitabine from twice daily raltegravir plus tenofovir DF-emtricitabine
- **Inclusion Criteria** (n = 48)
  - HIV RNA <50 copies/mL
  - On RAL+ TDF-FTC for ≥6 months
  - Not taking any other ART
  - No new AIDS-defining conditions
- **Treatment Arms**
  - Switch to EVG-COBI-TDF-FTC



# Switch to Elvitegravir-Cobicistat-Tenofovir DF-Emtricitabine Study 123: Results

## Virologic Response After Switch to EVG-COBI-TDF-FTC



# Switch to Elvitegravir-Cobicistat-Tenofovir DF-Emtricitabine

## Study 123: Common Adverse Events

Treatment Emergent Adverse Events in $\geq 10\%$ of Subjects	
Adverse Event (treatment emergent)	Switched to EVG-COBI-TDF-FTC (n = 48)
Upper Respiratory Tract Infection	21%
Insomnia	13%
Diarrhea	10%
Fatigue	10%
Anxiety	10%

# Switch to Elvitegravir-Cobicistat-Tenofovir DF-Emtricitabine Study 123: Conclusions

**Conclusion:** “All participants switching to 1 tablet once-a-day elvitegravir/cobicistat/emtricitabine/tenofovir disoproxil fumarate (*Stribild*) from a twice-daily raltegravir + emtricitabine/tenofovir disoproxil fumarate regimen remained virologically suppressed. *Stribild* was well tolerated. Switching to *Stribild* may be a viable option for virologically suppressed patients wanting to simplify from a twice-daily raltegravir-containing regimen.”

# Acknowledgments

The **National HIV Curriculum** is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$1,021,448 with 0% financed with non-governmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government. For more information, please visit [HRSA.gov](http://HRSA.gov). This project is led by the University of Washington's Infectious Diseases Education and Assessment (IDEA) Program.

