Switch to Etravirine from Efavirenz

SWITCH-EE STUDY
Switch from Efavirenz to Etravirine

**SWITCH-EE: Design**

### Study Design: SWITCH-EE

**Background:** Randomized, double-blind, crossover study comparing the safety and efficacy of etravirine with efavirenz

**Inclusion Criteria (n = 58)**
- Age ≥18
- On EFV-containing ART regimen for ≥3 months
- HIV RNA <50 copies/mL for ≥3 months

**Treatment Arms**
- EFV 600 mg daily + NRTI backbone x 6 weeks, then switch EFV to ETR
- ETR 400 mg daily + NRTI backbone x 6 weeks, then switch ETR to EFV

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**“EFV First” Group**
EFV 600 mg QD + NRTIs, then switch EFV to ETR
(n = 28)

**“ETR First” Group**
ETR 400 mg QD + NRTIs, then switch ETR to EFV
(n = 30)

Switch from Efavirenz to Etravirine

SWITCH-EE: Result

Week 12: Treatment Preference

Switch from Efavirenz to Etravirine
SWITCH-EE: Result

Week 12: Treatment Preference, with Significant Order Effect

Switch from Efavirenz to Etravirine

SWITCH-EE: Result

Week 12: Change in Plasma Lipids from Baseline

<table>
<thead>
<tr>
<th>Lipid</th>
<th>Median change from baseline (mmol/L)</th>
<th>End of Efavirenz Period</th>
<th>End of Etravirine Period</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Cholesterol</td>
<td>5.5</td>
<td>4.6</td>
<td></td>
</tr>
<tr>
<td>Triglycerides</td>
<td>1.7</td>
<td>1.4</td>
<td></td>
</tr>
<tr>
<td>HDL</td>
<td>1.1</td>
<td>1.1</td>
<td></td>
</tr>
<tr>
<td>LDL</td>
<td>3.3</td>
<td>2.8</td>
<td></td>
</tr>
</tbody>
</table>

Conclusion: “After substitution of efavirenz by etravirine, patients did not express a significant preference for etravirine. There was no measurable effect on neuropsychiatric symptoms and sleep. Cholesterol decreased.”
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